

Poland Recreation Department Youth Sports Code of Conduct

Please review, sign and return this form to your coach by the first practice.

Program: _____

Participants Name: _____

Player Expectations for Participation

- **Be Prepared.** Be on time for all practices and games with all equipment in good shape and ready to play. Attendance may play a role in playing time; especially if any players miss significant practice. Poor attendance can potentially create unsafe situations for other teammates if players do not know their positions or have not practiced enough to fulfill the position.
- **Respect.** You must have respect for yourself and others. Never criticize teammates. Listen and cooperate when your coach is speaking. Inappropriate behavior is not acceptable.
- **Hands off.** Unless participating in skills, drills or games, I understand that I am not to put my hands on other players.
- **Play Hard.** Work your hardest in practices and in games. If we practice hard, we play hard.
- **Play Fair.** Be a good sport and play fair. Represent yourself, your team, and your community well.
- **Win or Lose as a Team.** One person does not make a team. It is through the efforts and support of each team member and each position, that we will achieve our goals.
- **Focus.** During practices and games focus on the sport!!
- **Housekeeping.** You will be expected to participate in the “One Minute Drill” at the end of each practice and game to clean up!

Parent & Player Expectations

- Please treat officials and coaches with respect.
- **All of our coaches are volunteering their time and knowledge of the sport to help your children learn the game and develop the skills necessary to play. Please show them your appreciation by being respectful, patient and courteous.**
- **Profanity and unsportsmanlike conduct will not be tolerated.**
- **Field Maintenance:** PRHS, PCS, and The Town of Poland continue to allow our programs to use fields and gymnasiums with the understanding that we treat the facilities well and take care of our belongings, including food and trash.
- **Pets:** Are not allowed on school property.
- Use of **Tobacco & Alcohol** are not allowed on school property.
- If a player has a diagnosis or disorder that may affect their ability to participate in practices or games; this information should be provided to the coach in advance. We want to make sure that the coaches understand the player needs for safety reasons.
- Parents are expected to drop off players for practices. Parents should stay outside fenced in areas or in designated spectator areas if you are observing practices. Players will come to you when they are done.

I have read and understand that I am expected to follow the above code of conduct. I understand that if I violate any of these expectations that I could sit out for a practice/game or if warranted a longer period of time.

I understand that if my parents or I need to address an issue with the coach, that I/we will approach the coach in a respectful manner. If we do not feel our issue was addressed or resolved we can bring the issue up to the football director. The football coach will consult with the recreation Director if necessary.

Player: _____ Date: _____

Parent/Guardian: _____ Date: _____